

Meaning Maker.org

 Meaning Maker <u>Control</u> Edition provides a means to better understand your own motivations and behavior, and the forces of control internal and external to your environment.

Your personal tool for a "Value Added" experience.

- Monitor your passions and interpersonal interactions with an increased understanding of potential sources of conflict and how you can control them. Assess when to step back, when to step in, when to reflect, and when to take over. Learn if control makes you happy or sad, more successful or a failure, inclusive or devisive.
- For best results take Meaning Maker with you to sporting events, political rallies, work, school, the gym, spiritual gatherings, business meetings, and while traveling. Complete as often as needed to best understand control issues in diverse situations
- Over time, Meaning Maker <u>Control</u> Edition will provide you with an assessment of your own control issues, and remind you just how on top of things you actually are, or could be, if you exercized more or less control.
- Meaning Maker <u>Control</u> Edition is good for determining who holds the reigns, why they hold them, and how they manage and maintain them.

Meaning Maker comes in a variety of experiences.

Download and print Meaning Makers
for all of your personal & social needs.

Log onto meaningmaker.org to share your Meaning Maker experience.

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W	ho should control:	20	ŢuŢ	Rel	B_{US}	હુ
	food & water safety					
	genetic engineering					
	religion					
	criminal activity					
	global conflicts			<u></u>		
	healthcare					
	infectious diseases					
	pot holes & sewers					
	movie & music ratings					
	language					
	automatic weapons					
	skirt lengths					
	aesthetics					
	emissions					
	family planning					
	disaster relief					
	parenting practices					
	high fructose corn syrup					
	marriage contracts					
	citizenship			ā		
	trade					
	climate change					
	internet content					
	social media					
	information					
	travel safety					
	daily caloric intake					
	sex education					
	animal ownership					
	elephant ivory					
	recreational drugs					
	pharmaceuticals					
	rat parts in peanutbutter					
	boy scout club membership					
	body modification practices					
	adoptions					
	euthanasia					
	exorcisms	ū	<u> </u>			
	medical procedures					
	pornography					
	sexual activities	<u> </u>	<u> </u>	<u>_</u>	<u> </u>	
	endangered species		<u> </u>			
	what we read		<u> </u>			
	wealth distribution	<u></u>	<u> </u>		<u> </u>	
	retirement age	<u>_</u>	<u> </u>	<u>_</u>		
	circumcision		<u> </u>			
	air snace					



Control Edition

Instructions: Complete periodically. File for future reference. Date Notes

This is Art.

DEFINITIONS (what it is)	I control: not at all 1 2 3 4 5 absolutely	I demonstrate lack of control by:
is is not	my life my partner my mouth to prove myself in front of my parents when my boss is present when I am allowed when I am hungry when there is a clear need when others are out-of-line when I am horny discussions/conversations my own happiness my family's wardrobe dust my reality I feel in control when: the house is spotless the remote is in my hands I know exactly what to do my partner/family is away everything is in its place I have taken my meds I am in charge of everything I am on vacation I am wearing my Burger King crown To be in control means: nothing everyone reports to me having an important job title having purpose	□ spitting & fighting □ not bathing □ not bathing □ my divorce rate □ my arrest record □ satisfying my appetites □ swearing □ losing my words □ finding my zipper down □ flip flopping/waffling □ talking to myself □ my credit rating Things I need to control better include my: □ body odor □ dog □ kids □ weeds □ botox injections □ shyness □ dominance □ brilliance □ spouse □ happiness □ gambling □ temper □ fears □ lying □ in-box □ ED □ schedule □ depression □ tattoo collecting □ waistline □ pirating □ gossiping □ reputation □ screentime □ appearance □ toenails □ passwords □ incompetence □ hoarding □ finances □ texting while driving □ fast food addiction □ social media image □ time management □ couch potato time □ promiscuity □ alcohol consumption □ evil, nasty urges □ fear of public speaking □ fear of public farting I generally regard myself as: □ quality control □ having self control □ damage control □ needing ground control □ uncontrollable □ manipulated via remote control
INTERNAL (of the self) Situation Meter: someone screams a pet poops on the rug someone falls down teamwork fails the car won't start gun shots nearby a child is lost a cop pulls you over a natural disaster there is a disagreement an embarrassing situation someone lies no clean underwear the sky is falling	□ climaxing at the same time □ having no body fat □ knowing what to do at all times □ fear of assassination I control because: □ I have things to hide □ it's more fun □ it's expected of me □ smart people need to be tamed □ I scare myself □ I want people to be like me □ I have been controlled □ it's a sport □ things that crawl creep me out □ I am insecure □ I like to feel superior □ I am smarter I control by: □ charisma □ mental torture □ my opinions □ intimidation □ alchemy □ manipulation □ being right □ having money □ intellect □ blogging □ my attention □ selective listening □ divine right □ instinct □ doing nothing □ making others feel insignificant □ building consensus □ consulting self-help books □ questioning authority □ having unquestionable authority □ undermining the efforts of others	Controlling the environment is important because: we can